<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>Cheese Grits</td>
<td>French Toast Sticks</td>
<td>Whole Wheat Cinnamon Toast Fruit Juice</td>
<td>Blueberry Muffin Skim Milk</td>
<td>Corn Flakes Cereal With Blueberries</td>
</tr>
<tr>
<td>9:00</td>
<td>Slice of Turkey Bacon</td>
<td>Fresh Strawberries</td>
<td></td>
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<tr>
<td></td>
<td>Fruit Juice</td>
<td>Fruit Juice</td>
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<tr>
<td>Lunch</td>
<td>Baked Chicken Patty on a Whole Grain Bun</td>
<td>Lean Ground Beef Taco with Lettuce, Tomato,</td>
<td>Lasagna Garden Salad with Tomatoes,</td>
<td>Baked Fish Sticks with Ketchup for dipping</td>
<td>Sliced Ham Shells &amp; Cheese</td>
</tr>
<tr>
<td>11:45</td>
<td>Sweet Potato tots</td>
<td>&amp; Grated Cheese</td>
<td>Cucumbers and Low-Cal Ranch</td>
<td>Steamed Broccoli</td>
<td>Lima Beans</td>
</tr>
<tr>
<td></td>
<td>Fresh Pineapple</td>
<td>Whole Kernel Corn</td>
<td>No-sugar-added Diced Peaches</td>
<td>Whole Grain Rolls</td>
<td>½ Banana</td>
</tr>
<tr>
<td></td>
<td>Skim Milk</td>
<td>No-sugar added</td>
<td>Skim Milk</td>
<td>No-sugar-added Mandarin Oranges</td>
<td>Skim Milk</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Diced Pears</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Skim Milk</td>
<td></td>
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<tr>
<td>2:00 Snack</td>
<td>Whole Grain Cheez-Its</td>
<td>Strawberry yogurt</td>
<td>String Cheese</td>
<td>Raisin Bread Skim Milk</td>
<td>Vanilla Wafers Skim Milk</td>
</tr>
<tr>
<td></td>
<td>Fruit Juice</td>
<td>Teddy Grams</td>
<td>Ritz Crackers</td>
<td></td>
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</tr>
<tr>
<td>4:15 Snack</td>
<td>Animal Crackers Fruit Juice</td>
<td>Chex Mix Fruit Juice</td>
<td>Graham Crackers Fruit Juice</td>
<td>Goldfish Crackers Fruit Juice</td>
<td>Pretzels String Cheese</td>
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